



*The Staff at the Greater Pocono Chamber of Commerce
Would Like to Wish You and Your Family a Most Joyous
Holiday Season and a Prosperous New Year!*

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**GPCC
MISSION STATEMENT**

Act as A Unified Voice of Business
Dedicated to the Prosperity of all
Commerce
Leading to the Enhancement of
the Quality of Life in our region and surrounding areas.

December 2015 Calendar of Events

- December 4**.....*Government Relations/Public Policy Committee -
8:00 a.m.- Stroud Township Municipal Building - Stroudsburg*
- December 8**.....*Women In Business Luncheon
Noon – Camelback Lodge -
Tannersville*
- December 9**.....*Econ. Development/Transportation Committee
8:00 a.m.- G.PCC*
- December 14**.....*Education Committee
11:00 a.m. - MCTI - Tannersville*
- December 14**.....*Business Card Exchange
5:30 p.m.- Top of the World
Restaurant - Bushkill*
- December 15**.....*Women in Business Committee
8:30 a.m.- G.PCC*
- December 22**.....*Board of Directors
8:30 a.m.- ESU Innovative Center -
East Stroudsburg*

LEADS WANTED!!!!

If you are aware of a new or existing business in the Greater Pocono region that might be interested in learning more about the various benefits of chamber membership, please contact

Patricia Metzgar at 570.421.4433 or
email to
pmetzgar@greaterpoconochamber.com.

Members in the News

The Board of Directors of the **Monroe County Historical Association** invites the public to participate in a future planning survey. The survey will be used to develop a Comprehensive Plan to assess the needs of the community and to better plan for the future of the organization. The survey can be found at <https://www.surveymonkey.com/s/F98GPQD>. Individual survey responses will remain strictly confidential and the Monroe County Historical Association leadership will use this data for planning purposes. Individuals who participate in the survey and provide their e-mail address will be entered to win a \$50.00 gift card to Barnes and Noble. The survey will be open until Friday, December 12, 2014.

The mission of the Monroe County Historical Association is to promote, protect and preserve the rich history of Monroe County. Membership is encouraged and open to everyone. For additional information on the Monroe County Historical Association, to learn more about Monroe County through local history articles or to attend an upcoming event, please visit www.MonroeHistorical.org or call (570) 421-7703.

St. Luke's Physicians Group recently opened a new primary care office location in Carbon County, St. Luke's Albrightsville Internal Medicine, accompanied by St. Luke's Laboratory Services to meet patients' testing needs. The practice and lab site are located at 2599 State Route 903 in Albrightsville.

Board-certified internists Robert Durako, DO, and David O'Neill, DO, and physician assistant Meghan Astorino, PA-C, provide comprehensive preventive care and disease management for patients in Eastern Carbon County.

"Monroe and Eastern Carbon Counties are one of the fastest growing areas in Northeast Pennsylvania, and Albrightsville is no exception. With expansion comes increase in population and subsequent need for top quality healthcare. We are really proud to provide this care in Albrightsville in addition to our Lehighton office," said Dr. Durako. "We look forward to serving and being part of the community."

The physicians specialize in chronic disease state management for things such as:

- Hypertension
- Diabetes
- High cholesterol
- Medication management for behavioral health issues

The care team treats adults and seniors and offers in-office small procedures:

- Suture and staple placement/removal
- Pap tests
- Joint injections

Meghan Astorino, PA-C, is an internal medicine physician assistant who sees patients for routine medical care, as well as mental health issues. To make an appointment with the care team at St. Luke's Albrightsville Internal Medicine, please call 570-645-1945.

In addition to the internal medicine practice, St. Luke's Laboratory Services are also available on-site for the patient's convenience. St. Luke's labs play an integral part of the care team for the detection, identification, monitoring and treatment of diseases, chronic illnesses and health conditions. The lab offers early morning hours and is open Monday through Friday, 7 am to noon. No appointments are needed - Walk-ins welcome! For more information about other St. Luke's lab sites, please visit www.sluhn.org/labs.

The **PPL Electric Utilities** delivery rate increase approved Thursday (11/19) by the Pennsylvania Public Utility Commission paves the way for customers to have even more reliable electric service.

Average customer electric bills are expected to be lower - even after the increase - because of a recent reduction in the price to compare.

"We are in the midst of monumental improvements in the quality of service for our customers," said Greg Dudkin, PPL Electric Utilities president. "We have plans to reduce the number and duration of power outages even further, providing our customers with reliability that compares to the best electric companies in the nation."

When the delivery charge increase approved by the PUC takes effect, a residential customer using 1,000 kilowatt-hours per month who does not shop for electricity supply would have an electric bill of about \$138 per month - more than \$9 lower than the current average bill of about \$147.

Customers who shop for their energy supply can save even more. PPL Electric Utilities plans to spend about \$5 billion during the next five years to renew, strengthen and modernize its electricity delivery network.

The company will continue to invest in smart grid technology, new power lines and substations, more effective tree trimming and stronger poles and wires - all aimed at preventing outages from storms and other causes.

These investments are paying off for customers:

Customers now have 20 percent fewer outages than they did in 2007.

Reliability is expected to improve by at least another 20 percent in the next five years because of additional investments.

Tree-related power outages are down 18 percent compared to the average of the previous 10 years. Trees are the biggest cause of power outages in storms.

In the first half of 2015, nearly 200,000 power outages were prevented because of work PPL is doing to improve its system.

"Our 2,300 employees are finding new ways every day to improve service to customers," Dudkin said. "And at the same time, we are focused on operating more efficiently to make sure electric service from PPL remains a good value for our customers."

The delivery charge increase will take effect on Jan. 1, 2016.

In honor of the first ever nurse practitioner program established at the University of Colorado in 1965, **Pocono Medical Center** celebrates the 50th anniversary of National Nurse Practitioner week, November 8-14, by recognizing the certified registered nurse practitioners (CRNP) that has attributed to its 100 years of service to its community.

With now more than 205,000 nurse practitioners (NP) licensed to practice in the United States, they are a large part of the medical staff that provide comprehensive care to our patients every day. An NP is an expert clinician with advanced training who provides primary, acute, and specialty health care. NPs work as partners with their patients, guiding them to make educated health care decisions and healthy lifestyle choices. Nurse Practitioners manage acute and chronic medical conditions whether physical or mental, through comprehensive history taking, physical exam, and the ordering of diagnostic tests and medical treatments.

A nurse practitioner must complete a master's or doctoral degree program, and have advanced clinical training beyond registered nurse preparation. Similar to most medical professionals, NPs undergo rigorous national certification, periodic peer review, clinical outcome evaluations, and adhere to a code for ethical practices. Nurse practitioners must become licensed in the state they are going to practice, and practice under the rules and regulations of the state they are licensed.

As a proud employer of 20 CRNPs, Pocono Medical Center's NP staff offers a variety of health care services to patients from cardiovascular and thoracic surgery specialties, obstetric and gynecologic care, well-woman care, counseling, among other important areas.

Pocono Health Foundation and The Rotary Club of the Smithfields are holding their 24th Annual Holiday Tree Lighting Ceremony on Wednesday, December 2, 2015 at 5:30pm at the Dale and Frances Hughes Cancer Center, awarding non-profit agencies grants that will improve the lives of children in the community. This year, the Holiday Tree Lighting collaborative generated \$7,200 for six organizations.

The Pocono Health Foundation and Rotary Club of the Smithfields raise the funds by the sale of red, green, and white holiday bulbs in memory or in honor of a special person. These bulbs are then illuminated during the Tree Lighting Ceremony, honoring the generosity of local organizations and community members who have donated monies. The event encourages the community to join together to ring in the holiday cheer.

The Pocono Health Foundation Grant Committee selected this year's recipients based on a competitive grant review process. "The annual Holiday Tree Lighting is a time to celebrate the children in the community by supporting deserving programs providing basic needs to the youth of Monroe County," said Marynell Strunk, Development and Grant Coordinator for Pocono Health System's Pocono Health Foundation.

These grant awards allow for the purchase of winter boots, coats, food, books and educational supplies and many other basic needs. The six chosen organizations are:

Family Promise of Monroe County
Garden of Giving
Pocono Area Transitional Housing
Pocono Alliance
Pocono Services for Families and Children
Youth Infusion, Inc.
Women's Resources

There will be a special appearance by Santa Claus accompanied by musical entertainment from the JM Hill Elementary School Chorus, Stroudsburg Jr. High School Chorus, and the East Stroudsburg North High School Chorus. The Pocono Health Foundation will be collecting non-expired, canned or packaged foods to deliver to Monroe County's food banks.

The bulbs can be purchased by calling the Pocono Health Foundation at (570) 476-3530, and you can learn more about the Pocono Health Foundation by visiting PoconoHealthFoundation.org.

NCC Presents Act 235 Information Session

The Commonwealth of Pennsylvania requires that any person wishing to become a certified security officer or who is privately employed and is required, as a condition of employment, to carry a lethal weapon, must participate in a 40-hour Lethal Weapons Training Program.

Northampton Community College's Center for Business & Industry (CBI) will hold two information sessions to guide participants through the application process, taking courses and becoming certified. An information session is mandatory for all certification program participants. Students should not register for the program without attending an information session and obtaining their approval letter.

The free sessions will be held on December 7 at 10 a.m. and 6 p.m. at the Fowler Family Southside Center. Learn

more at www.northampton.edu/act235. For questions, please call 610-332-6596.

Get a mammogram in the month of October and receive a voucher for a free cupcake! "I had no idea such a simple campaign would reap such sweet success. 70 free cupcakes were given out by my team at Kitchen Chemistry," states Lisa Diemer, Owner, **Kitchen Chemistry**.

Kitchen Chemistry is a local cupcake shop that offers baking classes and supplies. In business since 2011, Diemer and family have more than 30 years experience creating "Cupcakes with Character."



From L to R: Marian Fuhr, Jennifer Beam and Carly Kripps

Barbarann Carroll, Radiology Facility Coordinator, states, "The women of our community absolutely loved getting this special treat as a reward for getting their annual mammogram during breast cancer awareness month. Early detection is the Best Prevention and what better way to celebrate than with a cupcake from Kitchen Chemistry!"

The purpose of the fund is to minimize the financial and emotional impact of breast cancer diagnoses and treatment. The Hope for Strength Breast Cancer fund will provide up to \$500 to both male and female patients of the Dales and Frances Hughes Cancer Center for basic living expenses. The fund was established in 2011 after Carole' Ann Bowyer's daughter, Staci Ann Beers, was diagnosed with breast cancer. Although Bowyer's daughter lives in Washington, DC, she decided to create Hope for Strength in the Pocono Mountains to help the patients in the area where Beers grew up and received an education. Please visit the fund's website, www.hopeforstrength.com.

Contact Carole' Ann F. Bowyer at cabowyer@ptd.net or 570 977-0872 for more information about the Hope for Strength Breast Cancer fund and how you can get involved.

Tis the season for giving and giving thanks and what better way to kick off the holidays than to make a donation to help improve the community in Monroe County?

Pocono Alliance received \$10,000 from **The Mattioli Foundation** to be used towards the Healthy Start Early Childhood Screening Program.

Since the program began in 2004, the Healthy Start Early Childhood Screening Program at Pocono Alliance has provided over 7,000 developmental, vision and hearing screenings to children up to 5 years of age. These screenings help parents find out how their child is growing and developing. If an issue or delay is recognized, the program also connects families with school and community resources.



Pocono Raceway COO and Mattioli Foundation Director, Nick Igdalsky (left) presents the donation to Michael Tukeva, Pocono Alliance Executive Director (right).

“We know that the Healthy Start Early Childhood Screening Program has changed the lives of children in Monroe County and with the Mattioli Foundation’s support, the screening program will continue to grow and help our youth,” Executive Director Michael Tukeva said.

The Mattioli Foundation was created as a way for the former owner of Pocono Raceway to continue his tradition of philanthropy and ensure the generosity and compassion to the community.

Pocono Raceway COO and Mattioli Foundation Director, Nick Igdalsky said, “We are very supportive of Pocono Alliance’s efforts to improve the lives of those in our community and we are certain this donation will help provide the resources to do just that.”

For more information on the Healthy Start Screening Program visit www.PoconoAlliance.org or call 570-517-3953.

The Shawnee Playhouse in conjunction with The Shawnee Preservation Society is collecting food to benefit area families in need this Holiday season. Bring non-perishable food items and receive \$5 off the regular adult

ticket price to our headline show, **Once Upon a Christmas**, or \$2 off the regular admission price for **A Winnie The Pooh Christmas**.

Please note: At least one non – perishable item must be exchanged for each ticket discounted. Discounts cannot be combined.

Once Upon a Christmas tells the story of two tourists wrongfully accused of counterfeiting and denied parole just days before Christmas. They decide to risk everything by escaping from prison and setting out on a mission to clear their names. **Once Upon a Christmas** is a modern holiday adventure.

Tickets for **Once Upon a Christmas** are \$28 for adults, \$15 for children, \$25 for seniors.
(Pricing does not include ticketing fees)

Complete **Once Upon a Christmas** performance schedule:

2:00 pm November 20, 21, 22, 27, 28, 29 December 4, 5, 6, 11, 12, 13, 19, 19, 20

8:00 pm November 21 December 5, 12, 19

In **A Winnie the Pooh Christmas Tail**, join Pooh, Piglet and all their friends for a musical celebration of sharing and caring as they help Eeyore have a Very Merry Christmas! Holiday fun for the whole family!

Tickets for **A Winnie the Pooh Christmas** are \$10 for all seats.

(Pricing does not include ticketing fees)

Complete **A Winnie the Pooh Christmas** performance schedule:

10am November 20, 21, 27, 28 December 4, 5, 11, 12, 18, 19

The Shawnee Playhouse’s Season continues throughout the winter with C & K Dance Theatre’s **THE NUT-CRACKER**, a free community sing-in **THE MESSIAH**, and the family-friendly **KIDS KABARET**

For tickets, show times, and more information please contact the Shawnee Playhouse Box Office at 570-421-5093 or visit www.TheShawneePlayhouse.com.

The Shawnee Preservation Society will also be collecting donations for the Food Pantry for on Saturday, December 5 between 11 am and 1 pm in the front of The Shawnee Playhouse next to the Holiday tree. Wanted are canned foods such as soup, vegetables, spam, tuna, salmon, tomato sauce, gravy, coffee, peanut butter and jelly etc. and boxed goods such as pasta, potatoes, dressing, noodles, crackers, rice etc. Santa and Mrs. Claus will be there also to greet the children!

Please help to make this holiday season joyful for those in our community that need our help.

PPL Electric Utilities

Leaves are falling, frost is sticking, and winter is clearly on its way. Are you ready?

Although the weather has started turning, it's never too late to make improvements to your home that can save you energy and money all year round. Here are some useful tips to consider as the coldest months of the year approach.

In many homes, the **single biggest energy expense** is heating – more than 30 percent of the average home's energy bill. You can trim your heating bill by taking the following steps:

Try to set your thermostat to 68 degrees, and cooler overnight if you aren't up during those hours.

Make sure your walls and attic are properly insulated. Adding fiberglass insulation is one of the best savings steps you can take yourself.

Electric outlets let cold air into the house. Remove the outlet covers and insert special insulation underneath. Use special insulating plugs in outlets that are not being used.

Sealing leaks in your air ducts can reduce heating costs by up to 20 percent.

Remember that your house will not warm up any faster if you raise the thermostat setting. When your heating system is on, it runs at the same rate, regardless of the temperature setting.

This is also a good time of year to double-check your current power supply agreement and make sure it offers you the best possible terms.

As you may know, Pennsylvania residents can choose to buy their electricity from a competitive supplier, rather than having PPL Electric Utilities purchase it on their behalf. The electricity is delivered over our network, no matter who supplies it. We encourage everyone to check out the available offers and choose one that best suits their needs.

You may remember that some people with variable rate agreements saw their bills spike during last winter's cold snaps. When the price of wholesale power sharply increased, so did the rates charged to those customers. That shows how important it is to understand the terms of your electricity supply agreement.

To see what competitive supply offers are out there, as well as PPL Electric Utilities' own price to compare, visit the Pennsylvania Public Utility Commission's website at www.PAPowerSwitch.com.

Finally, if you or someone you care about struggles with paying a heating bill over the winter, help is available.

The Low-Income Home Energy Assistance Program, or

LIHEAP, is a federal program that provides grants to help pay electric or other heating bills. You don't need to have an overdue bill to qualify. You can learn more at www.pplelectric.com/liheap. (You can also go to pplelectric.com to learn more about payment agreements and other assistance programs.)

Winter may be cold, but it doesn't have to be a time of concern about energy bills.

The Pocono Arts Council will offer the following classes during the month of December. Classes, unless noted otherwise, are held at the Pocono Arts Cultural Center, 18 N. Seventh St., Stroudsburg. To register call PoconoArts at 570-476-4460 or register online at www.poconoarts.org.

ONGOING ADULT CLASSES

Oil Painting

Instructor John McAllister

December Classes 3, 10, 17, 24

This ongoing workshop focuses on the individual, helping them to develop their own personal style and technique working with the oil medium. Learn how to develop your painting by understanding drawing and composition, light and shadow, color, preparation of materials and the application of paint. Working at your own pace, you pick the subject while the instructor guides you through the painting process.

Tuition: Member \$75/Non-Member \$85: Senior Member \$65/Non-Member \$75

Intermediate Watercolor

Instructor Joan Raushi

December Classes 6, 13, 20, 27

This class will cover composition, how to avoid "making mud", rules of portraiture, using a photograph and various textures, along with other varied techniques.

Tuition: Member \$100/Non-Member \$110: Senior Member \$90/Non-Member \$100

Materials List

SEASONAL HOLIDAY WORKSHOPS

Fairy Tales

Instructor Pamela Mading

December 1, Tuesday, 1-4pm

This workshop will teach you to create your very own fairies for a child, holiday decorations or yourself. Adults and older teens welcome! Participation limited to 6 people. **ALL MATERIALS SUPPLIED!**

Tuition: Member \$30/Non-Member \$40: Senior Member \$15/Non-Member \$30

Angelic Jewelry

Instructor Susan Field

December 3, Thursday, 10am-1pm

Spend a fun filled morning creating seasonal angel earrings and necklaces with polymer clay. These lovely items can be given as gifts to family and friends or you can keep all the goodies for yourself! **ALL MATERIALS PROVIDED!**

Tuition: Member \$40/Non-Member \$50: Senior Member \$30/Non-Member \$40

Snow Birds

Instructor Susan Field

December 10, Thursday, 10am-1pm

This workshop will teach you to create decorative penguins painting terra cotta pots. These objects can be used for centerpieces, window sill or outdoor decorations. **ALL MATERIALS SUPPLIED!**

Holiday Greeting Card Workshops

Instructor Jim Smeltz

December 2, Wednesday, 1-3pm

Tuition: \$15

December 8, Wednesday, 6-9pm

Tuition: \$15

Create your own unique holiday greeting cards using watercolors. **Bring your own supplies** to these workshops; watercolor paints, brushes and Canson Montval Acrylic Paper or nice quality watercolor paper.

Holiday Placemats

Instructor Suzanne Werfelman

December 9, Wednesday, 1-4pm

Create your own beautiful placemats

Tuition: Member \$25/Non-Member \$35: Senior Member \$15/ Senior Non-Member \$25

Create your own unique holiday greeting cards using watercolors. **Bring your own supplies** to these workshops; watercolor paints, brushes and Canson Montval Acrylic Paper or nice quality watercolor paper.

PoconoArts classes fill on a first come, first serve basis. Placement in a course is secured when payment in full is received. If PoconoArts must cancel a class due to low enrollment, students will be notified prior to the scheduled start date of the class and full refunds will be issued. Tuition refunds will be honored if received ten days prior to the beginning of a class/workshop. PoconoArts will not refund or reduce any class fees for missed classes or late enrollment. The Pocono Arts Council is a local arts service organization serving Monroe, Pike and Wayne counties.

Shawnee Playhouse

The 2016 season features some old favorites, unique original works and includes musicals, dramas, comedies, children's theatre and special events!!

We begin January with our Shawnee Original Playwright Series Winners. Playwrights submit their work to be read by on stage, and then the audience members vote on what they would like to see produced. The resulting winners are the best of the best, and the audience has a chance to see an original play on the Shawnee Playhouse stage before it moves on to other theatres!

Opening first, on January 2nd are the *Shawnee Original Playwright Series Short Plays*. This series of six short plays will be shown together at each performance. They include *The Bureaucracy of Existentialism* by Elizabeth Kennedy, *Errant Souls* by Robert S. Robbins, *Absolution Green* by Paul Kodiak, and *The Birthday Room* by Richard Strack, *Angel on the Yellow Couch* by K.K. Gordon and *The Counterfeit Dick* by Zanne Hall. Shows will be 8pm January 2nd, 9th and 16th and 2pm January 3th, 10th and 17th. Prices are \$18 for adults, \$15 for seniors. Ticketing fees are not included in the price.

Next up in January will be our full length original, *The Two Georgias*, by Brian McDermott. This unique play with a twist was thoroughly enjoyed by the voting audience!

The Two Georgias will run at 8pm on January 23rd, 30th and February 6th and at 2pm on January 22nd, 24th, 29th, 31st, February 5th and 7th. Prices are \$18 for adults and \$15 for seniors. Ticketing fees are not included in the price.

Performers for the shows are part of the Worthington Players, and are Shawnee's performers for off-season shows. The Worthington Players were established in 1999 and to date have focused on non-musical productions.

Each year, Worthington Players will produce and perform the original work of an area playwright, chosen by our Executive Committee from among submissions received in an open contest. Plays are then seen during our Staged Readings and voted on by you, the audience members

To reserve tickets please call the Shawnee Playhouse Box Office at 570-421-5093 or visit the website at www.theshawneeplayhouse.com

PPL Electric Utilities

It doesn't seem like another year can already be coming to a close. But the early nights, cool air and colorful decorations make it clear that December is here.

The holidays are often a time of heavy energy use at home, in between decorating and entertaining. You can still take simple steps to save energy and money. We're offering these "seven ways to shine" as tips to save during the holidays:

Get the LED out. Whether you're using them in living room lamps or holiday decorations, LED bulbs use up to 75 percent less energy than conventional bulbs and last up to 20 times longer. (If your holiday decorations are wearing out and showing their age, a new set of LEDs may also be safer.)

Stay warm – and smart. Heating accounts for more than 30 percent of a typical home's energy bill – the largest single cost. Set your thermostat at 68 degrees for energy savings, and use a programmable thermostat to lower it over-

night or when no one is home. And remember: Cranking up the thermostat won't make your house warm up faster, since your heating system runs at the same rate, regardless of the temperature setting.

STAR power. If you're buying electronics as a holiday gift, or updating your own appliances, look for devices with the ENERGY STAR® label. These are the most energy-efficient models available. To learn more about ENERGY STAR-rated products, visit www.energystar.gov.

Don't peek. The pie's doing fine. Your oven temperature could drop by 25 to 50 degrees when you open the door, forcing the oven to work harder and produce more heat. So keep those glimpses few and far between.

Scrub now, save later. Keep oven surfaces and drip pans as clean as possible. A clean stove and oven will heat efficiently; a dirty stove and oven will use more energy than necessary to reach the desired temperature. Speaking of which ...

A keen time to clean. ...got a self-cleaning oven? Start it right after you're done baking. Self-cleaning ovens reach temperatures of 850 degrees, and the heat already in the oven can give them a head start. (Just make sure to take the cookies out first.)

Slow and low. Slow cookers and microwaves are energy-efficient alternatives to firing up the oven. During the holidays, look for recipes that take advantage of these appliances. Use them for quick, easy weeknight meals.

More energy-saving tips for homes and businesses are available in the Save Energy & Money section of our website, www.pplelectric.com.

Best wishes for a happy, energy-smart New Year!

Ribbon Cuttings

Wholesale Pallet Rack Products



Wholesale Pallet Rack Products located on 38 East 1st Street in East Stroudsburg, held a ribbon cutting to celebrate their grand opening. They offer a large in-stock inventory of pallet rack and pallet rack wire decks. For more

La Beau Cara Skin Care & Makeup Treatment



La Beau Cara Skin Care & Makeup Treatment Spa just opened their new spa at 730 Milford Road in East Stroudsburg. They offer different type of facials and other skin treatments. For more information on their services, you can contact them at 570.730.4300.

Upcoming Events at “The Tavern On Main” located in the Quality Inn at 1220 West Main Street in Stroudsburg.

“The Tavern On Main; not just a Bar but a Destination”.



Entertainment at The Tavern on Main at the Quality Inn

Happy Hour everyday from 5:00 p.m. to 7:00 p.m. with 1/2 price appetizers, \$1.75 domestic drafts.

Monday Night Football.. \$.50 wings, drink specials, \$3.50 personal domestic pitchers, \$5.00 domestic pitchers.

December 12, 2015: Latin Ladies Night Christmas. Percent of proceeds go to The Five Loaf Food Pantry. Bring in a bag of non-perishable food items and receive a complimentary drink.

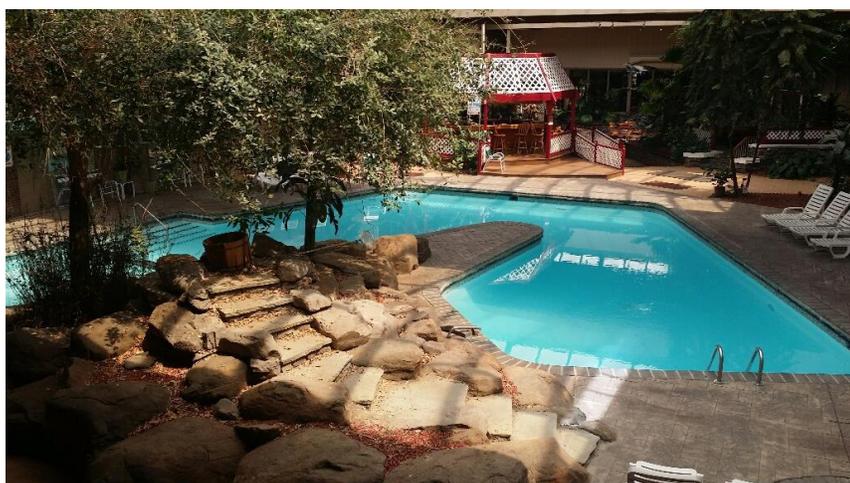
December 19, 2015: Tavern On Main’s First Annual Christmas Dinner Buffet and Show (7:00 p.m. to 9:00 p.m.) starring Brad Rocanova. Price is \$20.00 per person. Part of the



The courtyard at the Quality Inn

proceeds go toward "Toys For Tots". Bring in an unwrapped toy and get a complimentary drink. Please call for reservations (570 420 1000). Music from Frank Sinatra, Elvis Presley, and Michael Buble. Come celebrate the warmth of the Holiday season at the Quality Inn and the Newly renovated Tavern on Main.

December 31, 2015: New Years Celebration at The Quality Inn and The Tavern On Main. Start your New Years Eve with dinner buffet, which includes 1 drink ticket, midnight Champagne Toast, party favors prizes,...Music from 60's, 70's, 80's and modern provided by "COVER STORY" a widely renowned 7-piece band from The Lehigh Valley. All this for the low price of \$35.00 plus tax. Reserved seating Buffet Dinner from 6:00 p.m. to 10:00 p.m. (call for reservations at 570.420.1000).



The Pool at the Quality Inn

Come watch NFL on Sundays on the only 90" 4K HD TV in the Poconos.

You tried all of the other wings now try the best....\$.50. all day, domestic draft specials all day.

Wacky Wednesdays....1/2 price wine and mixers...SING along with Fun Time Karaoke from 9:00 p.m. to 2:00 a.m.



Alyssa Novick joined the RailRiders' front office in September 2013 after graduating from the University of Tampa with a Bachelors of Science in Sport Management. Prior to moving to Northeast PA, Alyssa spent time at Bright House Field, home of the Philadelphia Phillies' Spring Training Camp. Alyssa was born and raised in Poughkeepsie, New York and grew up as a fan of the New York Yankees.

Currently Alyssa specializes in a variety of areas for the RailRiders including:

- ✦ Coordinating fundraisers for non-profits and charitable organizations*
- ✦ Planning league/team events for youth sport organizations*
- ✦ Tours, class trips and alumni events for collegiate organizations*
- ✦ Family Fun Nights for Early Education/Child Care services*
- ✦ Coordination of pre-game performances for dance, gymnastics, cheerleading and martial arts*

SPECIAL OFFER →

To purchase this special holiday package offer or to book your next group event, contact Alyssa:

P: 570.558.4617

E: anovick@swbrailriders.com

**Use Promo Code:
GPCC**



On Sale Now!

Holiday \$99 Packages

Super Fan

(total value of \$220)

2

- Five-Game Plan Packages (Our best 5 games)
- RailRider Hats

-Plus-

- An Autographed item
- Choice of Experience (while supplies last):
 - Watch Batting Practice
 - 1st Pitch
 - Infield Grounds Crew Drag
 - 2 Innings in our home radio booth
- You could win two tickets to one of the games below:
 - NY Yankees
 - NJ Devils
 - Philadelphia 76ers

Collector Fanatic

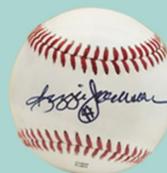
(total value of \$150)

2

- Five-Game Plan Packages (Our best 5 games)
- RailRider Hats

-Plus-

- A Derek Jeter Bobblehead (while supplies last)
- Chance to win a Reggie Jackson signed baseball!



SWBAILRIDERS.com



Gift Wrapped for FREE!

f t i SWBAILRIDERS

570.969-BALL

Business Card Exchange

The Business Card Exchange was held on November 2nd at Western Pocono Community Library in Brodheadsville.



Networking at Western Pocono Community Library in Brodheadsville

The next Business Card Exchange will be held on Monday, December 14th at Top of the World Restaurant in Bushkill.

Sponsorships are available for future business card exchanges. For more information, please contact the Chamber at 570.421.4433.

Women in Business

The November Women in Business luncheon, sponsored by AFLAC was held at the Chateau Resort & Conference Center in Tannersville. The luncheon featured various vendors for the "Health, Fitness & Beauty" Expo and over 95 people were in attendance.

Thanks to the following vendors who were in attendance: 5 Linx, AFLAC, DSP Health System, DT Fitness, Girls on the Run, Godspede, Great Wolf Lodge, Kalahari Resorts, My Own Fit, Pocono Medical Center, Riverside Rehabilitation, Spa at Shawnee Inn, and Tannersville Physical Therapy.



Kevin Noll of AFLAC - Luncheon Sponsor



Women in Business Luncheon at Chateau Resort & Conference Center

The December luncheon will be held at Camelback Resort in Tannersville and is being sponsored by Ranelli Williams of 5 Linx. It will be a Holiday Luncheon and if you want to participate in the ornament exchange, don't forget to bring one!

For more information on upcoming WIB lunches, to donate a door prize, or to sponsor a luncheon, please contact Miriam Conway at 570.421.4433.

**Business Card Exchange
and other Sponsorships
Available for 2016!**

**We are also looking for a
business who would like to
host a Business Card
Exchange.**

**Please contact
Pat Metzgar at the
Chamber at 570.421.4433**

Welcome New Members

The following new members are not listed in the 2014-2015 Membership Directory & Buyer's Guide. Please be sure to add this page to your copy of the Directory.

CLK Transcription, Inc.
 Carolle Kidd
 8545 Bumble Bee Way
 Tobyhanna, PA 18466
 570.216.4628
 570.216.4628
 carolle@clktranscription.com
 www.clktranscription.com
TRANSCRIPTION SERVICE

Cloud Chemistry
 Carl Bevarqua
 748 Milford Road
 East Stroudsburg, PA 18301
 570.851.1680
 info@cloudchemistryvapor.com
 www.cloudchemistryvapor.com
RETAIL

DES-CPR Inc.
 Charles Cahn
 400 Powerhouse Lane
 Stroudsburg, PA 18360
 570.421.2912
 570.424.5664
 descpr@ptd.net
RECYCLING

iHeart Media - Sussex
 Chuck Benfer
 45 Ed Mitchell Blvd.
 Franklin, NJ 07416
 973.823.6199
 chuckbenfer@iheartmedia.com
 www.max1063.com
MEDIA WEBSITE

Mountain Laurel Resort
 Joseph Penkala
 Route 940
 White Haven, PA 18661
 570.443.8411 x 893
 joseph.penkala@splitrockresort.com
 www.splitrockresort.com
RESORTS-CONFERENCE CENTERS

Mountain Valley Orthopedics
 Jackie Tillou
 120 Burrus Blvd. - Suite 120
 Brodheadsville, PA 18322
 570.421.7020
 570.421.7091
 dmemvo@gmail.com
 www.mountainvalleyortho.com
PHYSICIANS-ORTHOPEDICS & SURGERY

My Own Fit
 Carolyn Caruso
 2937 Route 611, Merchants Plaza - Suite 10
 Tannersville, PA 18372
 914.473.6139
 coachcarolyn@myownfit.co
 www.myownfit.co
HEALTH-WELLNESS

Rowan Asher Winery & Hard Cidery
 Matthew & Misty Stallard
 103 Gypsum Road - Suite A
 Stroudsburg, PA 18360
 570.350.2697
 570.402.1153
 rowanasherwinery@gmail.com
 www.rowanasherwinery.com
WINERIES-GIFT SHOPS

Solid Stitch Embroidery
 Izabela Pintarich
 P.O. Box 1647
 Sciota, PA 18322
 (Loc): 2624 Lakeshore Drive, Sciota, PA 18354
 570.730.2345
 izabela@solidstitchembroidery.com
 www.solidstitchembroidery.com
EMBROIDERY-SCREEN PRINTING

Split Rock Resort
 Joseph Penkala
 100 Moseywood Road
 Lake Harmony, PA 18624
 570.722.9111 x 893
 joseph.penkala@splitrockresort.com
 www.splitrockresort.com
RESORTS-CONFERENCE CENTERS

IMPACT



The Voice of Business since 1910

Executive Committee

John Holahan - Chairman of the Board
George Roberts - First Vice Chairman
Debi Cope - Treasurer
Conrad Schintz - Secretary
Doug Olmstead - Assistant Secretary
Mike Katz - Past Chairman

Staff

Robert Phillips - President/CEO
Patricia Metzgar - Vice President, Operations/Development
Miriam Conway - Executive Assistant
Georgia Strunk - Office Assistant

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Madeline Anderson
Michael Baxter
Brandie Belanger
Rich Berkowitz
Vinny Bianchi
William Blake
Denise Cebular
Bill Colavito
Alex Grum
Tony Konn
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Philip Pope

Matthew Rumph
Linda Salas-Mamary
Tom Sforza
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Carl Wilgus
Theresa Yocum

IMPACT

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